

Communion

Key elements

There is no 'right' way to share communion.

Remember it is for all who love Jesus. Include the key elements below in a way that suits your group.

God's Presence. It is God who welcomes us to the table. We meet God in this meal.

Remembering what Jesus has done through his death and resurrection.

Worshiping and being thankful to the God of love who gave his Son to save us.

Confession. Saying sorry and accepting his complete forgiveness.

Bread to remind us of Jesus' body broken. Breaking the bread is key make the cross central.

Wine to remind us of Jesus' blood shed. This is also the sign of the new covenant (relationship) we have with God. Share it reflecting a new start.

Family meal sharing with others who love God, committing to each other and celebrating being family.

Healing. Ask the Father for the needs of the family.

Looking forward. This meal reminds us of our future hope - the banqueting table in heaven.

Bible verses

Luke 22 14-21, 1 Corinthians 11:23-25, Isaiah 53. 1
John 1:1-9

Creativity

Why not try..

- Sharing communion as part of a meal.
- Praying for each other after you have shared the wine.
- Asking a member of the group to share their testimony before communion.
- Making unleavened bread together and using that in your communion.
- Sharing communion outdoors.
- Having sung worship as part of your communion.
- Sharing communion in silence.
- As a group writing down what Jesus sacrifice means to you.
- Share bible passages that God has been speaking to you about.
- Including the children and offering them grapes.
- Sharing communion with another group or missional community.
- Read Jesus' final hours out loud together before you share communion.

If you do something that works well in your group please share it with others and the church leadership.