

Our Sabbath Meal with adults

1

Leader God created Heaven and Earth—everything you can see, and everything you don't see.

1st person God's Spirit hovered like a bird above the water.

2nd God said "let there be Light!" And light appeared.

God saw that light was good and He separated light from dark.

God called the light Day, and the dark Night.

3rd It was evening, it was morning—of the FIRST day

1 God made the sea and the sky. The land and the animals

And God made man.

3 There was evening and there was morning, a sixth day

2 Then, Heaven and earth were finished, and everything in it was good

Leader And on the seventh day God had finished his work and he rested

1 God blessed the seventh day, and made it holy

3 Blessed are You, our lord God, King of the Universe, You created the fruit of the vine.

Together:- Blessed are You, our Lord God, who looks after us and provides bread for us to eat.

Hand Washing John 13:1-17 (NIV)

1 Blessed are You, our Lord God, King of the Universe who protects us from harm

2 **lights the candles:**

Together:- Jesus Christ is the light of the world

Leader We Praise you, our Lord God, who blesses us and our family

Together:- We give thanks that we live in the presence of the Living God.

Leader We eat our meal with thanks because our God provides.

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THE MEAL

Clear the table and prepare for communion

Scripture1 Corinthians 11 v23-26

The cup overflows as a sign of His overflowing and abundant love

Together:- Our Father in heaven, may your name be kept holy by everyone.
May your Kingdom come soon. and your will be done on earth, as it is in
heaven. Give us today the food we need
forgive us when we do things wrong and help us to forgive people who hurt us.
Protect us from wanting to do wrong things or hurting others and keep us safe
from the evil one.
You are king over all, powerful, and just
Your beauty and love make us kneel at your feet to worship you , for ever and
ever.

1 Pray over your wife/friend and raise her to God.

2 Give thanks for husband or friend

Leader Your father in heaven is pleased with you and sings with happiness
over you. May you grow in Him

BREAKING OF BREAD

Leader We share the bread and wine as Jesus taught us

3 One loaf as a sign that we are one body. We each break a piece of
bread from the loaf to remember that we are responsible for our
own journey with Christ.

Leader ONE CUP AS A SIGN OF OUR UNITY **Pass the cup**

Together the Blessing

May the peace of Christ, who desires peace for all men, rest with you
May the love of Christ, who taught us to love one another, fill our hearts
May the joy of Christ, who said we should live life to the full
cause us to look above the circumstances of this world and into His eyes.

Say or sing together:-

Faithful one, so unchanging
Ageless one, you're my rock of peace
Lord of all I depend on you
I call out to you, again and again
I call out to you, again and again

You are my rock in times of trouble
You lift me up when I fall down
All through the storm
Your love is, the anchor
My hope is in You alone

Say or sing together:-

The Lord's my shepherd, I'll not want;
He makes me lie in pastures green.
He leads me by the still still waters,
His goodness restores my soul.
And I will trust in You alone,
And I will trust in You alone,
For Your endless mercy follows me,
Your goodness will lead me home.

He guides my ways in righteousness,
And He anoints my head with oil,
My cup, it overflows with joy,
I feast on His pure delights.
And I will trust in You alone,
And I will trust in You alone,
For Your endless mercy follows me,
Your goodness will lead me home.

And though I walk the darkest path,
I will not fear the evil one
For You are with me, and Your rod and staff
are the comfort I need to know.
And I will trust in You alone,
And I will trust in You alone,
For Your endless mercy follows me,
Your goodness will lead me home.

John 13:1-17 (NIV)

Jesus Washes His Disciples' Feet

13 It was just before the Passover Festival. Jesus knew that the hour had come for him to leave this world and go to the Father. Having loved his own who were in the world, he loved them to the end.

²The evening meal was in progress, and the devil had already prompted Judas, the son of Simon Iscariot, to betray Jesus. ³Jesus knew that the Father had put all things under his power, and that he had come from God and was returning to God; ⁴so he got up from the meal, took off his outer clothing, and wrapped a towel around his waist. ⁵After that, he poured water into a basin and began to wash his disciples' feet, drying them with the towel that was wrapped around him.

⁶He came to Simon Peter, who said to him, "Lord, are you going to wash my feet?"

⁷Jesus replied, "You do not realize now what I am doing, but later you will understand."

⁸"No," said Peter, "you shall never wash my feet."

Jesus answered, "Unless I wash you, you have no part with me."

⁹"Then, Lord," Simon Peter replied, "not just my feet but my hands and my head as well!"

¹²When he had finished washing their feet, he put on his clothes and returned to his place. "Do you understand what I have done for you?" he asked them. ¹³"You call me 'Teacher' and 'Lord,' and rightly so, for that is what I am. ¹⁴Now that I, your Lord and Teacher, have washed your feet, you also should wash one another's feet. ¹⁵I have set you an example that you should do as I have done for you. ¹⁶Very truly I tell you, no servant is greater than his master, nor is a messenger greater than the one who sent him. ¹⁷Now that you know these things, you will be blessed if you do them.